



MINUTES FEBRUARY 6, 2025

Present:

- Eric Anderson, Community Services Agency
- Linda Barr, Valley Mountain Regional Center
- Julie Falkenstein, Health Services Agency
- Nancy Fisher, Community Partner
- Karina Franco, Sierra Vista Child and Family Services
- Jorge Garcia, Community Services Agency
- Sandra Genova, Aspiranet
- Jessica Heister for Chelsea Izzo, Children's Crisis Center
- John Palombi, Parent Representative
- Lori Schumacher, Center for Human Services; co-chair
- Brandy Spencer, HAVEN

Absent: Kaylee Brown, Center for Human Services; Violeta Cuevas, Stanislaus County Office of Education; Christine Huber, Community Services Agency, co-chair; Jim Johnson, Stanislaus County Interfaith Council & Diocese of Stockton; Keri Magee, Behavioral Health and Recovery Services; Lisa Montarro Moore, Stanislaus Family Justice Center; Margot Roen, Stanislaus County District Attorney

Guests: Narinda Bahia; Susan Beasley, Parent Resource Center; Cesar Espinoza, Community Services Agency, Jasmine Gutierrez, First 5 Stanislaus; Margie Johnson; Vivian Lopez; Julie Rice, Community Services Agency; Judi Sherman, Consultant

I. Welcome, Introductions, Meeting Plan

II. CAPC Business

a. January minutes approval -

Motion: Eric Anderson made the motion that the January 9, 2025 meeting minutes be approved.

Second: Linda Barr

Abstain: None

Motion: Passed

- b. Shaken Baby Syndrome Program – There have been no new instances to report since last month.
- c. Safely Surrendered Baby Program – There have been no new instances to report since last month.

- d. Membership – Margot will likely be official next month after her application goes to the Stanislaus County Board of Supervisors for approval.
- e. Parent Advisory Group update – Susan gave an update for the January 22nd meeting and thanked the Oakdale Family Resource Center for hosting and being able to connect virtually to the Modesto 5th Street office for combined participation. A summary included:

Protective Factor – Knowledge of Parenting and Child Development

- What should parents know about the development and upbringing of children?
 - ✓ Physical development according to age and gender
 - ✓ Have language and physical motor development
 - ✓ Channel emotions to be able to guide them to express themselves in the best way possible
 - ✓ How to identify a tantrum versus a condition
 - ✓ How to deal with teenage issues, physical changes
 - ✓ How to give correct and clear information according to their age
- Where can we learn (child development) to teach (raise) our children?
 - ✓ Resource centers
 - ✓ Workshops
 - ✓ Books
 - ✓ Social media
 - ✓ Podcasts
 - ✓ Doctors
 - ✓ Churches
 - ✓ Seminars
- Who will teach us?
 - ✓ Psychologists
 - ✓ Therapists
 - ✓ Child development teachers
 - ✓ Parents with (who have) knowledge and experiences
- Why is it important to know about child development?
 - ✓ To keep children safe
 - ✓ To cater to their needs
 - ✓ To guide them with correct information
 - ✓ To prepare for the future
- What do parents need to know about their children?
 - ✓ Emotional and physical development
 - ✓ Friendships
 - ✓ Their interests
 - ✓ Sexual orientation
 - ✓ Understand their emotions
 - ✓ Know how to explain to them the changes in each stage of their lives.
- The meeting was held primarily in Spanish.

- The next meeting would have been planned on the third Monday but will likely be held on the fourth Monday due to the holiday, and it will continue to alternate.
 - Judi has been guiding and connecting the group comments back to CAPC's mission.
 - Need to determine the next steps to integrate the group into CAPC and ensure there are connections between the two, as well as how the information from the parent advisory group will be of value to CAPC. At the next meeting we will talk about what needs to happen to establish this group as a CAPC parent advisory group (including CAPC volunteers to orient the advisory group), and extend the invitation to the April gathering including making sure there is a welcome environment for parents.
- f. Budget Review- Eric talked about the budget tracker which is showing our current revenues at \$44,638. All budget details are shown on the document.

III. Protective Factors Activity –

- a. Mini Café: What Protective Factors have you observed in your person life, practice or professional life, or in your community? Judi talked about the café from last year and gave a summary of what we did. It brought people together and explored important questions to help inform CAPC's direction.

This year will include presentations from the access to resources group and the social connections group, as well as a café with discussion about the presentations and what they think is important. The CAPC members will host the café. Today will be a practice to make sure members are comfortable with the process. We will get final instructions for the gathering next month. It is essential that there is clear purpose, process and people get a chance to connect. The host's role is to facilitate the questions and make sure everyone is answering. Prompts to spur conversation are provided. Judi reviewed the process for practicing today with two questions for groups. Feedback was recorded on the posters around the room for a gallery walk. There was discussion afterwards about what worked in the groups, as well as what we need to feel more confident as café leaders including:

- ✓ list of prompts
- ✓ list of protective factors
- ✓ name tags
- ✓ prompts
- ✓ schedule and reminders

IV. April 24 CAPC Gathering

- a. Internal agenda review: discuss flow and roles. What do you need for this to be successful? We revised the internal agenda but it is not to be shared yet. We need to identify areas where we need members to take the role. We will figure some of that out with the core team before the next meeting and bring it back to everyone for support. Judi went over the purpose and proposed outcomes. At 8:30 am, the registration will open and program starts at 9:00

- am. Tables will be placed in the lobby and there will be multiple places for people to sign in. Two presentations will occur from groups, then a café, lunch and the resource fair. At 12:30 pm there will be a Zoom presentation from mandated reporter/ community supporter task force members.
- b. Planning logistics: what is needed?
- i. Who is missing from last year's gathering? Who is on your outreach list? - We are shooting for 200 people. We can include Cesar on whoever is invited outside of the list we have.

V. CAPC Goal Groups

- a. Individual group work time – groups worked on their goals.

VI. Announcement and Next steps

- a. March 6, 2025 (10am – noon) is the next meeting.

NEXT MEETING:

March 6, 2025

Time: 10:00 am to noon

Respectfully submitted by Jessica Holly

Agenda Topics for Upcoming Meeting

March 6, 2025

- CAPC Gathering