

#### MINUTES APRIL 3, 2025

#### Present:

- Eric Anderson, Community Services Agency
- Linda Barr, Valley Mountain Regional Center
- Rosa Hernandez for Kaylee Brown, Center for Human Services
- Violeta Cuevas, Stanislaus County Office of Education
- Julie Falkenstein, Health Services Agency
- Lawrence Jones for Jorge Garcia, Community Services Agency
- Karina Franco, Sierra Vista Child and Family Services
- Sandra Genova, Aspiranet
- Christine Huber, Community Services Agency, co-chair
- Chelsea Izzo, Children's Crisis Center
- Jim Johnson, Stanislaus County Interfaith Council & Diocese of Stockton
- Bob Housden for Keri Magee, Behavioral Health and Recovery Services
- John Palombi, Parent Representative
- Margot Roen, Stanislaus County District Attorney
- Lori Schumacher, Center for Human Services; co-chair
- Brandy Spencer, HAVEN

**Absent**: Nancy Fisher, Community Partner; Lisa Montarro Moore, Stanislaus Family Justice Center

**Guests:** Narinder Bahia; Susan Beasley, Parent Resource Center; Deena Elliott; Cesar Espinoza, Community Services Agency; Anna Pedroza Garcia; Vivian Lopez, West Modesto Community Collaborative; Gabrielle Pinedo; Julie Rice, Community Services Agency; Judi Sherman, Consultant

## 1) Welcome, Introductions, Meeting Plan

#### 2) CAPC Business

a. March minutes approval -

Motion: Eric Anderson made the motion that the March 6, 2025 meeting

minutes be approved. Second: Linda Barr Abstain: None Motion: Passed

b. Shaken Baby Syndrome Program – There have been no new instances to report since last month.

- c. Safely Surrendered Baby Program There have been no new instances to report since last month.
- d. Membership Lisa Montarro Moore has resigned from the council.

Motion: Julie Falkenstein made the motion to renew the seat occupied by

Sandra Genova.

Second: Eric Anderson Abstain: Sandra Genova

Motion: Passed

Motion: Julie Falkenstein made the motion to renew the seat occupied by Lori

Schumacher.

Second: John Palombi Abstain: Lori Schumacher

Motion: Passed

Motion: Eric Anderson made the motion to renew the seat occupied by Nancy

Fisher.

Second: Brandy Spencer

Abstain: None Motion: Passed

e. Parent Advisory Group update – Susan Beasley went over the report form the March 17<sup>th</sup> meeting. There was great participation including a foster father joining via Zoom. There were four or five participants in person at 5<sup>th</sup> street and two people from Oakdale who traveled to Modesto. They hope to have participants from Modesto carpooling to the Oakdale location next time. A summary included:

# We've learning about the Five Protective Factors. What else to parents needs to be successful with their children and family?

We are who we are. It is natural to have desire for our children to be a doctor or other job. Do need to pay attention to who they are, help them develop themselves.

Raising foster children 14 to 15 years old, we only have until they are about 15 to teach them, mold them. Then society has impacts on them, less quality. We have less influence when they are older.

What I say to my kids: My job as a parent is to do a better job raising you than my parents did raising me. Your job is to do better than me in raising your own children.

- Time management skills. Adults have thousands of things to do. In the past people just had kids, and they were to be seen, not heard.
- Priorities so my kids get quality time.

- Need to ask self, what kind of relationship I want with my children
- Have self-awareness.
- Quality time with children at home. Dedicate quality time to play and be with the children.
- Support network so parents are not alone, help you get grounded from other parents or families. Children will learn from parents to seek help and interaction with others. Children will learn to be sociable.
- Empathy help others if you can and as you are able to do so.
- Asking for help (being ok with asking for help)
- Need financial stability so parents are calmer can change habits
- Responsibility is at home, not the world
- Need basic needs covered. Parent can do so by developing new skills, get a new job, get a higher up job so can be economically sable and be less stressed.
- Teach children how be respect, jobs, and values
- Listen first and ask for help to help solve problems
- Have good communication with the family.
- Don't compare children with others because everyone is different.
- Take into consideration their needs.
- Be open about helping the community.
- Work on our patience.
- Connect with support groups.
- Have Emotional stability and economic stability.
- Practice empathy with our family and our children.
- Establish limits when they are young. Set rules depending on their ages.
- As parents, it's important to cover our families' needs.
- Create social connections with our children.

There was a point made to invite parent advisory members to the gathering in April and transportation was discussed. The next regular meeting will be in May.

f. Budget Review – So far this year we have received \$69,542 revenue from birth certificates. The kids plate allocation will be received in June. Our expenditures for the year total \$93,489.

# 3) CAPC Roles and Community Building-

- a) Review CAPC roles and charts from March conversation today's meeting is dedicated to get ready for the gathering. Everyone is invited to it and we are looking for 200 people to join. Last month members expressed interest in café facilitation tips and packets. It will be everyone's job to represent CAPC and promote the mission and vision.
- b) What is a takeaway for CAPC's role as we prepare for the gathering? Members reviewed the charts created from the last meeting for themes with the question above in mind, considering the three roles of convener, catalyst and coordinator.

Members and guests discussed their observations and opinions. We will debrief the event in May.

### 4) April 24 CAPC Gathering Plan

- a) Report from Planning Group There are currently 175 people registered with 21 days left. All of the resource tables are filled at 23 or 24 participating. Cesar reported out the organizations registered for the tables. We will be able to provide breakfast snacks in addition to lunch. Big thank you to Cesar for all of his efforts coordinating the event.
- b) Internal Agenda review and member roles Judi reviewed the agenda and plans for the gathering. The power point is not yet finalized but will be sent to everyone when done. Once the internal agenda is finalized Judi will have it available for everyone in the folders at the event. Members will be café hosts as well as some outside additional hosts for a total of 25. Eric reviewed what he will talk about with mandated reporter to community supporting. Reminder that the resource fair participants will leave their tables to attend the event when it starts.
- c) Registration and invitations: How is your outreach going?
  - i) Invitation planning (send registration February and March)

#### 5) Café Host Practice

a) Small groups; facilitation practice – there was practice on how to engage participants and responding to various situations.

### 6) Small groups to prepare for Gathering

a) Individual group work time

## 7) Announcements and Next Steps

- a) Gathering! April 24, 2025! Ceres Community Center
- b) Meeting: May 1, 2025; County Center III
- c) Announcements all
  - Brandy announced their Walk a Mile event this Saturday, a fundraiser for sexual assault awareness month and HAVEN's services. Please consider supporting or sharing the information.
  - Lori discussed the CAPC orientation sign up schedule for CAPC guests. We would like to complete signs ups through December to orient new guests with everyone taking a turn. We can send out the complete list once all slots are filled. We may want to do a refresher course for members on what the orientation entails.

#### **NEXT MEETING:**

May 1, 2025

Time: 10:00 am to noon

Respectfully submitted by Jessica Holly

Agenda Topics for Upcoming Meeting May 1, 2025

Meeting recap